



Dan Jones <dnjones@gmail.com>

Through His Hands: Summer news you can use

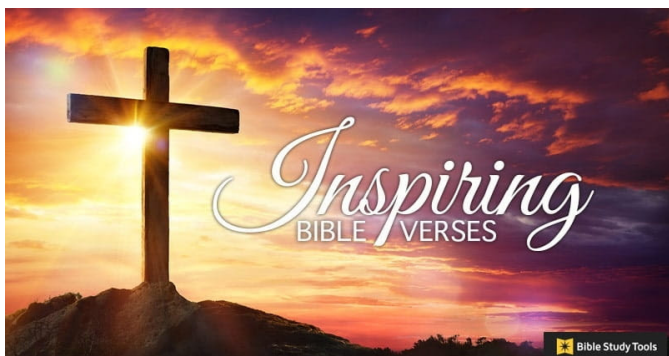
1 message

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THROUGH HIS HANDS



NOTE OF ENCOURAGEMENT!

Psalm 19:1 *The heavens declare the glory of God; the skies proclaim the work of His hands*



I Scream, You Scream, We all Scream

Join Calvin Sinclair Presbyterian Church on July 21 for an ice cream social and benefit concert!

Laughter IS the Best Medicine!

The Fifth Annual Laughter is the Best Medicine will be scheduled for Monday, October 7, 2019, from 6-8:30 PM. Now and tell your family and friends all about this remarkable event! For more information on how to do just that, visit [www.laughterisbest.com](#)

It's a Prime Time to Shop!

Prime Day is two days of epic Amazon deals and it starts starting Monday, July 15 through Tuesday, July 16. Your purchases generate AmazonSmile donations!

We are all Connected!

Are you or is someone you know a member of a giving circle such as 100 + Who Care? If you are, please consider and can share information for the short presentation that is made at the meeting on dawn@hishandsclinic.org.

The Power of CONNECTION!

As a free clinic you would expect that people visit us for medical appointments, to pick up prescriptions, schedule upcoming appointments, or to visit our popular "free basket" which sits out for you. [Read More...](#)

IRA Tax Free Distributions!

If you are 70 1/2 or older, you can make tax-free distributions up to \$100,000 per year from your IRA. These distributions are not subject to your annual required minimum distribution and will not be included in your adjusted gross income.

CURRENT NEEDS



Upcoming Events

Benefit Concert featuring local artists & Ice Cream Social with all proceeds to His Hands Free Clinic: July 21
@ 2:00 pm @ Calvin Sinclair Presbyterian.

5th Annual Laughter is the Best Medicine: Monday, October 7, from 6-8:30 @ Cedar Rapids Marriott.

We are looking for an adjustable standing laptop desk such
https://express.google.com/product/Supermoon-Prod/Platinum/0_15747768390899405740_0

- Forever Stamps
- Postcard Stamps
- Keurig coffee cups -- reg and decaf
- Powdered creamer
- Copy paper
- 3 prong extension cord (both sides)

Our mission is to bring glory to God by meeting the physical, emotional and spiritual needs of those without adequate resources. We strive they deserve as children of God.

SHARE HIS MESSAGE:



[Remove my name from all future mass email communications.](#)

Address postal inquiries to:
His Hands Free Clinic
400 12th St SE
Cedar Rapids, IA 52403

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