



Dan Jones <dnpjones@gmail.com>

Through His Hands: Spring has Sprung

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Restore the body.
Refresh the **spirit**.

THROUGH HIS HANDS



NOTE OF ENCOURAGEMENT!

Lamentations 3:22-23 English Standard Version (ESV)
22 The steadfast love of the Lord never ceases;
[a] his mercies never come to an end;
23 they are new every morning;
great is your faithfulness.



(this is a foreign country diagram)

MORE COMPREHENSIVE DIABETIC CARE!

According to the American Diabetes Association, more than 30 million Americans have diabetes. Without access to proper medications, individuals with diabetes can experience severe complications or even death. Many times there can be underlying complications that are rising while the patient still feels fine. Then, all at once, the complications become present and compound. [READ MORE . . .](#)

[DONATE NOW](#)



We WANT YOUR TALENTS!

We are looking for individuals that have experience in human resources, building maintenance, publicity or IT for our board of directors. Responsibilities include 2 hours a month for a board meeting and committee meeting. Praise on the River needs a Vendor Liaison to help contact food vendors for the

event. If interested contact Dawn Brouwers at dawn@hishandsclinic.org or 319-862-2636.



ESTATE PLANNING!

Any changes in your family? Birth? Death? Move? Don't forget to update your estate plan and consider adding His Hands as a beneficiary. If you have any questions or need any help, please contact Dawn Brouwers at dawn@hishandsclinic.org or call 319-862-2636.



Guidelines for medications donations!!

Due to changes in regulations -- we no longer accepting "loose" medications They need to be sealed and unopened for us to be able to handle here at His Hands.

Also, we no longer in need of clean and empty pill bottles. We have an over abundance and expect it will be 6 months or more before we need more. We will let you know when they are needed again.



MARK YOUR CALENDAR

Taco Johns Fundraising Night. Wednesday, April 24, 2019, from 4-8 pm. 25% of all proceeds goes to help support His Hands Free Clinic. Please join us at [4401 1st Ave SE, Cedar Rapids, IA](https://www.hishandsclinic.org)

Sixth Annual Praise on the River is scheduled for Sunday, June 9, 2019, from 3-6 pm, at the McGrath Amphitheatre

Fifth Annual Laughter is the Best Medicine is scheduled for Monday, October 7, 2019, from 6-8:30 pm, at the Cedar Rapids Marriott



CURRENT NEEDS

Forever Stamp
Postcard Stamps
65 XL Black and Color HP deskjet 2622 (ink cartridge)
Avery 5392 Namebadge insert refills
Large plastic (sealable) totes
Wireless mouse x5
Hanging wall file (plastic)

Our mission is to bring glory to God by meeting the physical, emotional and spiritual needs of those without adequate resources. We strive to treat patients with the dignity and respect that they deserve as children of God.

SHARE HIS MESSAGE:

[Remove my name from all future mass email communications.](#)

Address postal inquiries to:

His Hands Free Clinic
400 12th St SE
Cedar Rapids, IA 52403

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