



Dan Jones <dnpjones@gmail.com>

His Hands Behind the Scenes Information

1 message

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To: dnjjones@gmail.com

Tue, Jan 8, 2019 at 3:33 PM

*Restore the body. Refresh the spirit.*

Patients Helped to Apply for Insurance in 2018.

The Affordable Care Act and marketplace insurance are hot political topics that people tend to have strong opinions on. However, for patients at His Hands who are not offered insurance through work and who are: 1) Just slightly over Medicaid income guidelines or 2) Have not been in the US for 5 years so they cannot get Medicaid, the marketplace insurance is a viable option for them. Actually, quite a few of the people that I worked with were able to get fairly low deductibles without a monthly premium because of the tax credits they qualified for.

[Read More . . .](#)

SUPPORT HIS HANDS FREE CLINIC

CHRONIC DISEASE SELF-



This 6 week workshop helps you take charge for your health and feel better!

Who is it for?

Anyone with long term health issues and caregivers:

Cancer, Arthritis, Heart Disease, Stroke, Asthma, Lung Disease, Diabetes, Parkinson's, Osteoporosis and more!

This workshop will cover how to successfully manage your symptoms, reduce frustration, fight fatigue, breathe better, reduce stress & anxiety, take control of your condition and communicate better with doctors, nurses or dietitians.

When: Monday's starting January 21st

Where: His Hands Clinic

400 12th St SE, Cedar Rapids, IA 52403

Time: 10am-12pm

Cost: \$5.00 includes book, CD, and refreshments

Scholarships are available upon request

Don't let an ongoing health condition run your life!

Contact Jennifer Lopez if you have any questions or would like to register at 319-440-0808

Space is limited



MANAGEMENT

Our very own, Jennifer Lopez will be leader for the Chronic Disease Self-Management Workshop starting Monday, January 21, at 10:00 am at His Hands Free Clinic, 400 12th St SE. Please call Cathy at 319-862-2636 or email at cathy@hishandsclinic.org



LIFE CHANGES!!

According to the Barnabas Foundation, life changes are a good time to revisit our will and estate plans. If you have had a wedding, birth, death, change in property ownership or a move in the last year now is a good time to update your legal documents. While you meet with your lawyer or estate planner discuss your planned giving to nonprofit organizations as part of your strategy to use your financial resources wisely for you and your family now and in the future.



THANK YOU FOR VOTING FOR US!

THANK YOU to all who voted for His Hands Free Clinic in the Gazette Gives Back contest!! Because of YOUR votes, we have \$19,000 to spend on Gazette advertising this year! This money will help us to share more about the work we do and our annual events. Praise be to God for this gift and for those who support us!

Current Needs

- Forever Stamps
- Postcard Stamps
- Boise FIREWORX Colored Paper, 20lb, 8.5x11, Pumpkin Glow, 500 sheets/Ream, #CASMP2201PKN



- Boise FIREWORX Colored Paper, 20lb, 8.5x11, Powder Pink, 500 sheets/Ream, #CASMP2201PK
- Standard copy paper
- coffee stir sticks
- Instant coffee -- JAR
- red and green felt tip markers

Our mission is to bring glory to God by meeting the physical, emotional and spiritual needs of those without adequate resources. We strive to treat patients with the dignity and respect that they deserve as children of God.

Follow Us on:

hishands@hishandsclinic.org

400 - 12th St SE
Cedar Rapids, IA 52403
319-862-2636 Phone
319-862-1107 Fax

[Remove my name from all future mass email communications.](#)

Address postal inquiries to:
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